

How much water do you use?

Activity	Amount of water (litres)		Number of times in 1 day	Total water used (litres)
Brushing teeth (tap switched off)	1	x	=	
Brushing teeth (tap left running)	5	x	=	
Washing hands and face	5	x	=	
Shower	30	x	=	
Bath	80	x	=	
Flushing toilet	7	x	=	
Cup of tea / hot or cold drink	0.3	x	=	
Washing clothes (washing machine load)	70	x	=	
Washing clothes by hand	25	x	=	
Dishwasher	30	x	=	
Washing dishes in the sink	6	x	=	
Total amount of water used in 1 day (litres)				



1. Draw a bar chart to show the water used by each activity in one day.
2. Where do you get your water from?
3. Climate change may mean water shortages.
How could you reduce the amount of water you use?
4. The Massai people in Kenya have to carry their water from a river or well to their house.
What do you think is the weight of water you use in one day??
Could you collect and carry that much water every day?